



## Dr. Indigo Triplett

Careers In Transition, Inc.  
CEO, Founder, Speaker, and Author

Indigo's dynamic personality and irrefutable expertise is the reputation that precedes her. As the CEO and Founder of Careers In Transition, Inc, she leads the successful Performance Management consulting firm that provides *wise* strategies for performance and productivity. From the Federal Government to Fortune 500 Corporations, Careers In Transition, Inc. helps organizations attract, develop, and retain employees for improved results. As a renowned Speaker, Indigo is hilariously honest and refreshingly blunt giving a professional twist that captures her audience's imagination and inspires their spirit.

Indigo launched Careers In Transition as an independent consultant in 1995, which quickly parlayed into a successful venture resulting in the company becoming incorporated in 1997. Initially, the company provided career transitional assistance during a period when many companies needed to downsize, but ultimately changed its focus as companies became more enlightened to the concept of motivating their remaining employees to perform and excel. Consulting companies come and go, but under Indigo's leadership, the company has thrived and experienced consistent growth, becoming an indispensable resource for federal agencies and organizations by positively impacting their bottom lines. In 2012, 2013 and 2014, her company was recognized as one of America's Fastest Growing Companies by INC. Magazine. Indigo is admired for her down-to-earth methods and techniques, but perhaps more known as an authentic leader who tackles organizational development and workforce topics such as employability, under-employment, diversity, mentoring, workplace relationships, and communications. Some of the organizations that Indigo has worked with range from the Environmental Protection Agency to Halliburton--which demonstrates her profound knowledge and versatility in meeting the specific needs of her client base. Stateside to abroad--from Atlanta, Georgia to Shanghai, China--she delivers a message and philosophy that is insightful; thus, resonating with people at every tier of their career or within an organization.

As the author of [Playing by the Unwritten Rules I: Moving from the Middle to the Top](#) and [Playing by the Unwritten Rules II: From a Job Defense to a Career Offense](#), she is a leading authority on career management. Indigo has spoken both nationally and internationally for clients and at conferences whereby her book is purchased by individuals and clients in quantities of 1 to 1,000 copies per order. Noted for "making the implicit explicit" and injecting humor into her subject matter, she is called upon by nationally recognized magazines, newspapers, television and radio outlets.

From US Marine Corps to small business success, Indigo takes pride in service. Dr. Indigo received her Ph.D. in Values-Driven Leadership from Benedictine University. She holds a MA in Organizational Development from Webster University, and a BA in Radio and Television from Southern Illinois University. She has a weekly mental health column in Inc. magazine at [www.inc.com](http://www.inc.com). Please visit [www.indigotriplett.com](http://www.indigotriplett.com) to learn more about Indigo and to tap into her resources.